



*“In this world, there is nothing softer or thinner than water. But to compel the hard and unyielding, it has no equal.”*

*Lao Tsé*

### ***The soothing powers of water***

*The waters of our spa are naturally pure, the source being just meters from the Lodge. Here three different waters converge: seawater, thermal water and water right from the waterfall. And at our Spa, you can enjoy the benefits of all three in one place. It's important to find ways to alleviate the stress of our daily lives, to find places to reenergize, and to reclaim the good feeling of well being. Here you'll be able to benefit from relaxation massages and specially from thalassotherapy treatments.*

## **PC SPA Body and Soul 4 nights**

Regular Departures: Tuesday (Monday & Thursdays access to Puyuhuapi via Carretera Austral)

### **Day 1 / Balmaceda - Puyuhuapi**

Reception in the Balmaceda airport. Begin tour through the Aysen region, crossing during 45 min Patagonian pampas to reach the city of Coyhaique. Along the way we are likely to spot pairs of caiquenes (wild goose) and flocks of bandurrias (storks) through the grasses. The vast remains of burned over forests are vestiges of the region's recent colonization period. After a short visit to the city, we continue on, following the Simpson River until we reach Puerto Chacabuco (1:15 hr), where the PATAGONIA EXPRESS catamaran waits to take us on a 5-hour cruise through the southern fjords and channels to reach our destination: the Puyuhuapi Lodge & Spa. Welcome!

### **PC SPA**

**Duration** / 4 nights

**Program** / Body and Soul

**Departs** / Mon / Tue / Thu

**San Rafael Glacier** / No

Superior	Double	Single
Low	1670	2130
High	1820	2380

**Low Season**

October 10 to November 19 , 2009

March 18 to April 30, 2010

**High Season**

November 20, 2009 to March 17,

2010

### **Day 2, 3 and 4 / Puyuhuapi Lodge & Spa**

Surrounded by lush vegetation, and accessible only by sea, this unique Lodge is where understated luxury and a well-planned simplicity combine to create a unique atmosphere. The Lodge offers thermal outdoor pools at the edge of the sea, footpaths for walks through the cold forest, visits to the Queulat National Park with its Hanging Glacier, easy bicycle trips along the Austral Road, or, if you wish, you can explore the Dorita Bay in boats or kayaks.

The Spa's facilities are complete. Enjoy its large hydro-massage pool, Jacuzzis, spring - water fountain, and steam sauna, and then reap the benefits of thalassotherapy sessions, relaxation massages, and facial and other treatments. Restore your body's energy and recover your spirit's equilibrium, with 4 treatments per day.

### **Day 5 / Puyuhuapi - Balmaceda**

At 7:30 am we board the motor-launch and cross the Puyuhuapi Channel to return. At 7:30 am., we board the motor-launch and cross the Puyuhuapi Channel to return by Carretera Austral. Much of the trip is along a gravel road that passes through extraordinary landscapes of dense forests between mountains and cliffs. After 5 hrs trip short visit to the city of Coyhaique, where we will have lunch, and then

continue crossing 45 min. of Patagonian pampas to reach Balmaceda Airport. Along the way we are likely to spot pairs of caiquenes (wild goose) and flocks of bandurrias (storks) through the grasses. The vast remains of burned over forests are vestiges of the region's recent colonization period. on to the airport of Balmaceda. Bon Voyage & Hasta la Vista!

### **Note:**

- Operation of the program should be confirmed (02) 2256489.
- Rates are per person, quoted in US Dollars, subject to modifications.
- Rates are not including tax and only for foreign guests not resident in Chile, according to decree 825, art. 12 (tax exempted).